ABSTRACT OF THE DISCLOSURE

The chain comprises a plurality of external links (2), each defined by a pair of parallel external plates (4, 5) and by two rotation pivots (6) interpositioned between the two external plates (4, 5). The chain also comprises plurality of internal links (3), each defined by a pair of parallel internal plates (7, 8) and by two bushes (9) interpositioned between the plates and each internal link (3). Each of the rotation pivots (6) is inserted coaxially in a bush (9) and so defines an alternated succession of external links (2) and internal links (3) and defines with the bush (9) a spherical coupling surface. The chain also comprises anti-rotation elements (12)for reducing possibility of rotation with respect to an alignment direction of each pair of adjacent links (2, 3).